



Terry Shepherd, PT, DPT, DHSC, Cert MDT

Biography

Terry Shepherd is a graduate from University of Central Florida and is a recent doctoral graduate from the University of St. Augustine. She holds a Bachelor of Science in Molecular and Microbiology with a minor in Chemistry, a Bachelor of Science in Physical Therapy, a Master of Science in Health Administration, Doctor of Physical Therapy and a Doctor of Science in Health Sciences. Dr. Shepherd is the owner and practicing therapist of Aquatic Health and Rehabilitation Services, Inc. She opened her practice to offer alternative physical therapy as well as traditional physical therapy. The practice now offers all disciplines to include Physical Therapy, Occupational Therapy, Speech Therapy, Massage Therapy, Pilates with certified instructors/therapists, Aquatic therapy, Aquatic classes, Fitness programs, Nutrition Counseling, and Personal Training. She is highly trained in all areas through continuing education as well. She holds multiple certifications which include: WATSU, Ergonomics, Strain/Counter-strain, Manual Therapy, Aquatic Therapy, Certified Ergonomics Assessment Specialist, Certified Pool Operator, Arthritis Foundation YMCA Aquatic Program (AFYAP) Instructor, Certified Functional Capacity Evaluator, Certified Pilates Reformer Instructor Certified Pilates Mat Instructor and Certified in McKenzie Mechanical Diagnosis Therapy for Spine and Extremities. Her specialties include aquatic therapy, program development, manual therapy, pediatrics, orthopedics, spine, sports injuries, alternative therapies to include Strain/Counter-strain and ETPS, balance, and fitness programming for athletes and the aging. She is also highly trained in Healthcare Management including Managed Care Contracting and Medicare issues. Her love for life and helping others is shared through encouragement to her patients, staff and all she comes in contact with.

AQUATIC Health and Rehab
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595 N Courtenay Pkwy #203
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*CEU's for PT's
and PTA's
8.5 credits per day*

COURSE DESCRIPTION

These courses will provide a review of hydrodynamics in dealing with the Spine and Extremities. The courses will present protocols utilized for successful outcomes for Aquatic Therapy dealing with multiple diagnoses. The courses will emphasize the selection and performance of corrective exercises based on results from the evaluation. Discussion will also include documentation appropriate for successful reimbursement with payors.

REFUND POLICY

All cancellations must be in writing. Class can be rescheduled or refunds less a 20% administrative charge will be given until ONE WEEK, PRIOR to the course. Aquatic Health and Rehabilitation reserves the right to cancel any course for due cause. Cancellation of a course by Aquatic Health and Rehabilitation will result in rescheduling of the course to a different date. Aquatic Health and Rehabilitation is not responsible for the refund of travel or hotel expenses under any circumstances.

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